



### PESSPA Long Term Plan

<u>KS1</u>	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
<u>Cycle 1</u>	Games	Dance	Games	Gymnastics	Games	Dance	Games	Gym	Athletics	Dance	Athletics	Gymnastics
<u>Cycle 2</u>	Games	Dance	Games	Gymnastics	Games	Dance	Games	Gymnastics	Athletics	Dance	Athletics	Gymnastics

<u>LKS2</u>	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
<u>Cycle 1</u>	Games	Dance	Games	Gymnastics	Swim	Dance	Swim	Games	Athletics	OAA	Athletics	Games
<u>Cycle 2</u>	Games	Dance	Games	Gymnastics	Swim	Dance	Swim	Gymnastics	Athletics	OAA	Athletics	Games

<u>UKS2</u>	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
<u>Cycle 1</u>	Swim	Games	Swim	Gymnastics	Fitness	Gymnastics	Dance	Games	Athletics	Games	Athletics	Games
<u>Cycle 2</u>	Swim	Dance	Swim	Gymnastics		Gymnastics	Games	Dance	Athletics	Games	Athletics	Games