

PHYSICAL EDUCATION (PE) ON A PAGE



MALVERN WELLS
C.E. PRIMARY SCHOOL

Let Your Light Shine!

Introduction

The Malvern Wells aim is to improve life chances for all individuals and nurture the potential for the brightest future in all areas of the curriculum. All our learning is rooted in our 4 core values of courage, commitment, compassion and community and we want to see all children LET THEIR LIGHT SHINE physically.

As a school, we recognise the importance of teaching Physical Education and Sport because it contributes to the brighter future of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. Our curriculum inspires all pupils to excel in competitive sport and other physically-demanding activities.

Intent – What do we aim to deliver?



Our Vision at Malvern Wells Primary School is to ensure ALL pupils leave our school physically literate and with the knowledge skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

every class has two sessions of PE per week. This may be structures as a whole afternoon to ensure enough time and depth.

Inspire all children to fulfil their brightest potential.

For all children to run, jump, throw and catch in a variety of situations, becoming increasingly competent and confident

Children participate in competitive sport and through this we teach children how to cooperate and collaborate effectively as part of a team and compete appropriately against others

Adhere to the principles of fairness, sportsmanship and respect, values we hope to embed for future life

Understanding the importance PE, School Sport and Physical Activity has on children's general health, fitness and mental wellbeing

All children to leave primary school being able to swim at least 25 metres.

Importance of leading healthy, active lives and making informed and appropriate lifestyle choices.

Implementation – How do we teach our PE curriculum?

At Malvern Wells, we want children to be passionate about PE and begin to take responsibility for their mental and physical health.

Reflecting our mixed year classes, our curriculum, for KS1 and KS2, is mapped into a two year cycle. We use a variety of resources to support our high quality planning including Val Sabin, Rising Stars Champions, ASA swimming, OAA resource and Twinkl. These support teachers in delivering a broad and full range of skills and activities. We give our children an enjoyable experience of physical activity and emphasis developing their personal best. Children will build and secure a range of skills which they can be transferable across a variety of sports. All children have the opportunity to experience positive competition and develop good sporting attitudes. They will be taught the basic rules of a sport. Children in Key Stage 2 attend swimming lessons throughout the year at a local swimming pool. They learn to swim 25 metres competently and confidently in a range of strokes. They also learn about water safety and be able to perform safe self-rescue in different water-based situations.



Inclusion



The emphasis of our PE curriculum is inclusion for all children regardless of sporting ability. We provide suitable learning opportunities for all children, including those with SEND.

PE Specialists

Occasionally we use PE specialist to teach certain units. They model high quality lessons for CPD for all staff. This has led to sustainable teaching skills.



Impact – How do we evaluate our PE curriculum?

Our children enjoy PE and talk enthusiastically about their learning.

PE curriculum is inclusive and progressive and allows all children the opportunity to acquire and develop fundamental knowledge, understanding, skills and techniques and apply these to a wide variety of different sports and activities.

PE lessons are fun, enjoyable and challenging and all children can achieve, to the best of their ability, in a supportive, safe and stimulating environment.

Our pupils are physically active, and this has a positive impact on their learning in the classroom.

Children understand how to lead a healthy lifestyle and understand the importance of regular exercise and activity for their physical and mental wellbeing.

80% of KS2 children have competed in some form of friendly sporting fixture. 30% representing the school at a competitive level.

If children are keeping up with the curriculum, they are deemed to be making good or better progress.

In addition, we measure the impact of our curriculum through: a reflection on standards achieved against the planned outcomes; a celebration of learning for each term which demonstrates progression across the school; assessment (retrieval) of the skills and knowledge and pupil discussions about their learning.